Nutrition Facts Serving Size 4 tbsp (60ml) Servings Per Container 16

Amount Per Serving	
Calories 200	
	% Daily Value*
Total Fat 0g	0%
Trans Fat 0g	0%
Sodium 7mg	0%
Cholesterol 30mg	10%
Total Carbohydrate 53g	18%
Sugars 53g	
Protein 0g	0%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredient: 100% PURE VERMONT **MAPLE SYRUP**

SEALED IN ACCORDANCE WITH **VERMONT LAW.**

REFRIGERATE **AFTER** OPENING.

KEEP IN FREEZER FOR LONG TERM STORAGE



Maple syrup is a natural sweetener that contains numerous antioxidants. Fights inflammatory diseases. May help protect against cancer. It is a wonderful alternative to sugar for improved digestion and supplies important vitamins and minerals.



